

NORTHMINSTER PRESBYTERIAN CHURCH

# THE NORTHERN LIGHT

FEBRUARY 2011

ISSUE 2



**SUNDAY WORSHIP 10:00A.M.**

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**PASTORS**

Dwight McCormick II, Pastor  
W. Franklin Sparks, Pastor Emeritus

**CHURCH STAFF**

Deana Knotts	<b>Office Manager</b>
Gay Steiner	<b>Bookkeeper</b>
Bill Harrison	<b>Treasurer</b>
Mark Brush	<b>Custodian</b>
Lydia Smith-Lockwood	<b>Director of Music</b>
Kristina Ahlstrom	<b>Organist</b>
Mark Brush	<b>Youth Directors</b>
Susan Dersch	
Dick White	<b>Adult Ministry</b>
Dwillia Cramer	<b>Presbyterian Women</b>
Joan Generous	
Nancy Jean Graves	<b>Parish Nurse</b>
Ruth George	<b>Librarian</b>

The Northern Light is published monthly September thru May with one summer issue.

If there is an omission or an error, please contact the editor so a correction can be made.

Thank You

Deana Knotts, Newsletter Editor

***A WORD from the PASTOR***

I want to issue an invitation to deepen our relationship with Jesus Christ by cultivating our lives as his disciples. When we hear the word disciple we might think of the original 12 followers of Jesus, or the 70 who were sent out to preach later in the Gospels. However, the term disciple is not limited to the early followers of Jesus. A disciple of Jesus Christ is any person who professes Jesus as Lord and seeks to follow Jesus and his teachings. We as current day Christians are disciples of Jesus Christ. Thankfully, what the planning team found through the Holy Conversations mission study was a desire among the congregation members to be more faithful followers of Christ. The congregation emphasized, in part, the desire to follow Jesus through continued joyful worship, through focusing our mission work, and through more Bible study opportunities.



The worship we have each Sunday will remain meaningful and guided by the Holy Spirit. We will also seek to add something new this year through the use of a new hymnal, and a projection system.

Our pursuit of mission and service in the name of Christ will involve working more extensively with fewer mission projects. That is, we want to work on less projects, but more intensely on the ones in which we participate. The Session will be discerning the mission projects that help define who we are as a church.

In regards to Bible study, I pray we begin to attend more faithfully the current offerings in Christian Education. A weekly Bible study was established on Monday nights that was sparsely attended and has subsequently been discontinued. Attendance in the Christian Education programs has waned in general. In order for us to grow in our relationship with Jesus Christ we must change this habit. Following worship each Sunday at 11:15 a.m. we have our Adult Sunday School class or Adult Forum as we call it. Currently we have the series First Light, Jesus and the Kingdom of God being taught in The Loft space that is on the same floor as the church offices. Please make plans to attend this video and discussion series. Please also look for the opportunities that will continue to be offered throughout the year both on Sundays and otherwise.

*(Continued on next page)*

*(Pastor's Page continued)*

Please also speak with the Christian Education folks (Cindy Ater and Emily Spriggs) about specific desires for other types of studies in Scripture that you feel will help you be more faithful disciples of Jesus.

If we want to follow the way of Christ, then we are required to exhibit behavior that is reflective of Jesus' teachings. We are called to demonstrate love in action (through mission), and we are called to worship alongside one another often. As we grow in these disciplines, we are, in turn, called to go and make more disciples of Jesus Christ. Please make your discipleship a priority in the coming year. I will make my discipleship a priority as well. I promise God will meet us where our deepest passion and the world's greatest need intersect.

I will leave you with the Great Commission—the words Jesus spoke to the original disciples as part of their calling to follow the example of Christ. The quote is from Matthew 28:18b-20 where Jesus says:

“All authority in heaven and on earth has been given to me. <sup>19</sup>Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, <sup>20</sup>and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.”

How can we embody this commission? We can just look around us and act on behalf of Jesus. I'm excited to see how this takes shape for all of us in 2011.

Yours in Christ,

*Dwight*

### ***Session Highlights***

The Session met in regular stated meeting January 18, 2011 in the Family Room. Rev. Dwight McCormick opened the meeting with prayer and Scripture reading at 7:00 PM in the sanctuary.

The Session received reports from the Pastor and most of the committees of Session.

The Pastor reported:

A confirmation class will be offered jointly by Northminster, Covenant, and Oakland Presbyterian Churches on Sundays from 3-5 pm beginning February 13<sup>th</sup> and ending April 17<sup>th</sup>. The class will rotate among the three churches and will meet at Northminster in March.

Northminster, Covenant, and Oakland will again hold combined Lenten services. The Ash Wednesday service will be at Oakland on March 9, and the Maundy Thursday service will be at Northminster on April 21 at 6:30 PM.

On motion, Session approved extending an invitation to the Rev. Shelley Wiley to give a presentation on her mission trips to Haiti on March 6 at 4:30 PM. Following the presentation a simple Haitian meal will be served.

The Finance Committee report was given by Chair Kent Sherry:

Total income for January 1 through December (excluding investment income) was \$181,091 and total expenses were \$195,199 producing a deficit of \$14,108. Investments earned \$20,000 in 2010, and Session approved using those funds to cancel the 2010 budget shortfall.

Session approved the 2011 budget presented by the committee. This budget will be presented to the congregation in the annual report at the meeting on January 30, 2011.

Session approved the following communion dates for 2011: January 23<sup>rd</sup>, March 6<sup>th</sup>, April 24<sup>th</sup>, June 12<sup>th</sup>, September 11<sup>th</sup>, October 2<sup>nd</sup>, November 20<sup>th</sup>, and December 25<sup>th</sup>.

The next stated meeting of Session is February 15, 2011 at 7:00 PM.

Please continue to pray for the Pastor and Session as we try to serve this congregation and our Lord Jesus Christ.

*-Lois Shroyer, Clerk*

**February Lectionary Readings**

*Ordinary Time*

**Sunday, February 6**

Isaiah 58:1-9a (9b-12); *Psalm 112:1-9(10)*  
1 Corinthians 2:1-12 (13-16); Matthew 5:13-20

**Sunday, February 13**

Deuteronomy 30:15-20; *Psalm 119:1-8*  
1 Corinthians 3:1-9; Matthew 5:21-37

**Sunday, February 20**

Leviticus 19:1-2, 9-18; *Psalm 119:33-40*  
1 Corinthians 3:10-11, 16-23; Matthew 5:38-48

**Sunday, February 27**

Isaiah 49:8-16a; *Psalm 131*  
1 Corinthians 4:1-5, Matthew 6:24-34

**2011 COMMUNION SCHEDULE**



March 6.....Transfiguration of the Lord  
April 24.....Easter Sunday  
June 12.....Pentecost  
September 11.....  
October 2.....World Communion Sunday  
November 20.....Christ the King  
December 25.....Christmas Day

**USHERS**

February 6 Richard and Shirley Bierley  
February 13 Richard and Shirley Bierley  
February 20 John and Maggie Roberts  
February 27 John and Maggie Roberts

**GREETERS**

February 6 Kevin and Sue Creager  
February 13 Toni Conway and Howard Garrett  
February 20 Ron Montgomery and Lee Jordan  
February 27 Bud Graves and Lois Shroyer

**LITURGIST**

Cindy Ater

**A Tip from Your Treasurer,**  
*Bill Harrison*



Those of us that have an IRA, 401K, or similar retirement plan must take a minimum distribution after age 70½ and pay income tax on it. The tax can be avoided if the distribution is paid directly to a charity. (AKA Northminster Church!) To use myself as an example, this year my minimum distribution will be about \$2900 and my investment service would normally send me a check in December. I will notify my investment professional, after July, to make the check payable to Northminster and I will not have to pay the tax. Assuming my tax bracket is 20% I would save about \$500.

That sure got my attention. This doesn't help with a "Roth" account because you have already paid the tax. I would like to know if this helps you and feel free to ask me questions. I am not a financial advisor and may have to redirect the question to a qualified professional.

Northminster would be happy to "Split the Savings" with you!

- "Mr. Bill"

"Optimists are encouraged  
by possibilities and opportunities;  
pessimists are discouraged  
by problems and obstacles."

-William Arthur Ward  
via *Apple Seeds*  
from *The Joyful Noiseletter*



**Birthday Wishes to . . .**

*Lilly Adams* February 3  
*Maggie Roberts* February 5  
*Karen Veith* February 17  
*Martha Clement* February 22  
*Ashley Foster* February 22  
*Nancy Graves* February 22  
*Nancy Jean Graves* February 26  
*Ruth Martin* February 28

**HEALTH NEWS**  
*from the Parish Nurse . . . Nancy Jean Graves*  
**February 2011**

**DIVERTICULITIS**

Diverticula is like a sac hanging from your bowel. Diverticulosis is multiple diverticula. Diverticulitis is an inflammation of the diverticula caused by food and bacteria retained in the sac. It can lead to an abscess or perforation in your bowel. Many people do not know they have this, it may be discovered when you have your regular colonoscopy.

A person with diverticula may never get the inflammation. Symptoms of diverticulosis include: bowel irregularity, nausea, loss of appetite, and stomach bloating. Symptoms are less pronounced in the elderly. When the inflammation (infection) is present, symptoms include: mild to severe pain in the lower left quadrant (usually), nausea, vomiting, fever and chills. If you experience an acute case of this, you may be hospitalized for IV antibiotics and on some occasions, surgery is required.

Usually it can be treated as an outpatient with diet and medication. Clear liquids are prescribed until the inflammation subsides, then follow a high-fiber, low-fat diet. A high-fiber diet will increase stool volume and move the stool along your colon so pressure in this area isn't increased causing the wall of the colon to weaken. Bulk forming laxatives are prescribed to obtain normal elimination patterns. You will need to work closely with your physician on your plan of care. As with any disease, do not try to treat yourself, see your physician.

*Submitted by:*

*Lisa Mayhugh, Parish Nurse*

Information is taken from: Textbook of Medical-Surgical Nursing, Smeltzer, 12th edition.

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***Just a reminder . . .***

When using the church for a meeting or group function, please remember to turn off all lights and lock the doors when you are finished.

If you use a table cloth or any dish towels, please take them home, launder them, and return them to the church.

***Thanks!!!***



**Dancing with God**

When I meditated on the word 'guidance,' I kept seeing 'dance' at the end of the word. Doing God's will is a lot like dancing.

"When two people try to lead, nothing feels right. The movement doesn't flow with the music, and everything is quite uncomfortable and jerky.

"When one person realizes that, and lets the other lead, both bodies begin to flow with the music. It's as if two become one body, moving beautifully.

"The dance takes surrender, willingness, and attentiveness from one person, and gentle guidance and skill from the other.

"Once again I became willing to let God lead.

"Dance together with God, trusting God to lead and to guide you through each season of your life. . .

"And I hope you dance!"

-Author Unknown  
Via Bobbe Lyon  
Maitland, FL  
from *The Joyful Noiseletter*



### Getting to Know You

Included in this month's newsletter are member profiles that were included in the bulletin announcements during the month of January. Enjoy!

### Getting to Know . . .

#### ***Nancy Baker***

Nancy graduated from Springfield High School and Ohio State University with a degree in nursing. She worked at University Hospital for 4½ years and in the library at Rolling Hills School for 18 years. She previously attended St. Johns Lutheran Church.

Nancy enjoys reading, knitting, crocheting and quilting. She volunteers at Springfield Regional Medical Center and during her six month stay in Port Charlotte, Florida each year, she also volunteers at the hospital there. She is a member of the Northridge Lioness and a sewing club. She is a member of Esther Circle.

Nancy has a daughter, Karen, of Jacksonville, Florida who teaches biology at a community college and a son, Brad, in Knoxville, TN. She has one granddaughter, Katie, who is very active in her high school chorus and swimming.

### Getting to Know . . .

#### ***Barb Aker***

Barb graduated from Brown High School in Cambridge, Ohio. She attended Muskingum College. She worked at First National Bank and was an actuarial for Nationwide Insurance in Columbus, Ohio. She was a full-time, stay-home mom to four children.

Barb belonged to First Presbyterian Church in Cambridge and then joined Valley View Presbyterian.

Barb enjoys music, genealogy, crafts, embroidery and reading. In May 2003, Barb was awarded an Honorary Life Membership in Presbyterian Women, Presbyterian Church, (U.S.A). in recognition of 35 years involvement in our Christmas Bazaar Workshop. She is a member of Northminster Presbyterian Women and Rebekah Circle.

Barb's four children are Deborah Sanders, Springfield; Diane Everhart, Springfield; Jeffrey Aker, Columbus, Georgia; and Joseph Aker, Indianapolis, Indiana. She has two grandchildren and two great grandchildren.

### Getting to Know . . .

#### ***Bob Triebelhorn***

Bob graduated from Connell High School, Connell, Washington. He earned a B.A. in Business Administration in Hotel and Restaurant Management from Washington State University.

Bob has worked for Stouffer Foods, WinSchuler's Restaurants and Holiday Inn. Bob owned and operated O'Brien's Restaurant from 1980-1994. He then worked at Springfield Inn - Manchester Inn. He has worked as a Certified Residential Appraiser since 2002.

Bob enjoys repairing houses, eating out, traveling, fishing and has traveled all over the United States snow skiing. He would love to sing in the choir, but his voice and his hearing don't cooperate with each other. He previously attended High Street Methodist Church.

Bob's mother, 93, lives in Tacoma, Washington. He has a sister and brother also in Tacoma and one brother in Oregon. Bob has three grown children; Eric in India, Brian in Denver and Kirsten Witt in London, Ohio. Bob has a new granddaughter, Harper J. Witt, born October 4, 2010.

### Getting to Know . . .

#### ***Ruth George***

Ruth graduated from Northeastern High School. She earned her B.S. in Education from The Ohio State University and a M.S. in School Counseling from Wright State University.

Ruth retired from Clark Shawnee Local Schools after 33 years as a teacher and a counselor. She worked part-time for eight years with Clark State, Clark Shawnee and the Springfield City Schools.

She previously attended Catawba Methodist Church, Oakland Presbyterian Church and has been a member at Northminster since 1987.

Ruth enjoys reading, music, flowers and exercising. She has volunteered at the Kuss Center since 1994. Here at Northminster she is a member of Esther Circle, the bell choir and serves as our church librarian.

Ruth's daughter, Molly Beam, is an occupational therapist in Las Vegas. Ruth enjoys spending time with her two grandchildren, Eli and Leah.

# Presbyterian Women

Faith, Fellowship and Fun with a Circle of Friends.

All are welcome to participate.



*"A friend loves"*  
AT ALL TIMES."

PROVERBS 17:17. NRSV

## February Circle Meetings

### ESTHER CIRCLE

**Leader: Cindy Chesnut**

*Meets 2nd Monday*

Esther Circle will meet on Monday, **February 14th** at 7:15 p.m. at the church. The program for the evening will be "Women of the Bible" led by Dwilla Cramer.

### REBEKAH/SARAH CIRCLE

**Leader: Joyce Carpenter**

*Meets 2nd Thursday*

Rebekah/Sarah Circle will meet on Thursday, **February 10th** at 12:00 noon at the church. Hostess: Donna Rankin

### MARY-MARTHA CIRCLE

**Leader: Ruth Martin**

*Meets 3rd Friday*

Mary-Martha Circle will meet on Friday, **February 18th** at 10:30 a.m. at the church. Due to the weather, our December party was cancelled. We will be having our Christmas gift exchange at this meeting. If you would like to participate in the gift exchange, bring a gift. Also, please bring a snack to share. Gail Davis 390-2527 Joan Generous 969-8130

### **P.W. BOARD MEMBERS**

#### Co-Moderators

Dwilla Cramer

Joan Generous

#### Secretary

Anne Hines

#### Treasurer

Ruth Martin

#### P.W.

#### Representative to Session

Diana Schneider

#### P.W.

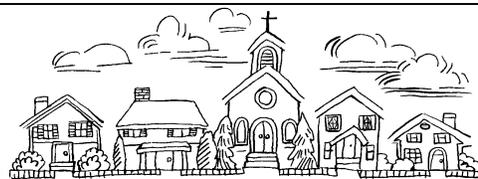
#### Board Meeting

Monday

February 7th

10:00 a.m.

Church Library



### LOCAL MISSIONS

As reported in the Annual Report, P.W. is busy in many activities at Northminster, one of which is raising money for local mission. In 2010 we provided financial support to the following:

<i>Christ Episcopal Food Pantry</i>	\$1,200
<i>Interfaith Hospitality</i>	500
<i>Salvation Army</i>	500
<i>Second Harvest Ministry</i>	500
<i>Clifton Ave. Church of God Food Pantry</i>	300
<i>Food vouchers to be used at Northminster</i>	200
<i>American Red Cross</i>	150
<i>Nehemiah Foundation</i>	150
	<u>\$3,500</u>

In order to continue this kind of support, we need more "women power" and new ideas. WE NEED YOU! to become involved and participate in P.W. activities. Why not make this your new year's resolution??

### Craig House Meal

February 28th

PW continues to deliver a meal to Craig House on the fourth Monday of each month. If you would like to help by providing either a meat, vegetable, salad or dessert, please contact Marcia or Andy Barga 399-9839.

## Clifton Avenue Church of God Food Pantry, Part 2

As mentioned last month, Debbie Hilliard is the food pantry coordinator. She and I had lunch in mid-December and she told me some of the history of the pantry. It was started at least 20 years ago as part of the Springfield Area Church of God Urban Ministries. Originally it was open all but the first Saturday of the month, but they cut back to two Saturdays a month about six years ago as so many other churches had pantries. She noted that while the area Churches of God still provide support, it is not as much as it used to be.

The church has an aging congregation and some members have left because they do not feel safe in the church. Being in a transient area, the church is surrounded by people in need. While such surroundings give them a ready ministry field, it does not result in congregational growth. Debbie estimated the average church attendance to be between 40-60 people, though at times up to 1/3 of that number are inner city kids. Rev. Cotto has been their pastor for about four years. Debbie noted that while they have a budget, they pay all the bills before they pay the pastor. She also noted that the church focuses on mission, not only here but also abroad.

Some of the mainstays who work the pantry on Saturdays are not members of the church. Ron, who is in charge of the registration books and keeping the stats, worships at Maiden Lane Church of God; and Dee Dee, who runs the registration table, is with the Maplewood Nazarene church. Gil-Lana, a Juvenile Supervisor with our Juvenile Court, brings her charges on Wednesday nights to pack the bags and often brings youth on food pantry Saturdays to carry groceries and do other tasks as needed. Gil-Lana lives in Urbana. Sister Libby and Bob are mainstays from the church who help. If I can, I go both Saturdays and generally help Debbie in the pantry itself. I have worked registration and helped with the breakfast. Essentially, I do what is needed.

There are days I go when either Northside Church of God or Lawrenceville Church of God bring their youth groups to help. As noted last month, youth from juvenile court also help, though this is only during the school year. There have been times when they run the pantry with only a half dozen people or so. It becomes a bit crazy, but for the most part all the pantry families are patient.

Susan Dersch

### Can You Help?

**Saturday, February 19** the Clifton Avenue Church of God food pantry will need help as the youth from juvenile court will not be there. Northminster's youth have been unavailable on Saturday mornings. If you would be willing to assist as needed, please sign up on the sheet in the narthex, talk to me after church or call me – 629-0792. It would be a chance to see how PW's mission dollars are being used.

NORTHMINSTER  
PRESBYTERIAN CHURCH

400 Villa Road  
Springfield, Ohio 45503



**THE NORTHERN LIGHT**  
*Issue 2*

NON PROFIT ORGANIZATION  
**U.S. POSTAGE PAID**  
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*Return Service Requested*



## February 2011

- |                    |                                   |
|--------------------|-----------------------------------|
| <b>February 5</b>  | <b>Pancake Breakfast</b>          |
| <b>February 10</b> | <b>Men's Breakfast @ Perkins</b>  |
| <b>February 13</b> | <b>Confirmation Classes Begin</b> |
| <b>February 14</b> | <b>Deadline for Newsletter</b>    |
| <b>February 15</b> | <b>AVM Soup/Sandwich/Movie</b>    |
| <b>February 15</b> | <b>Session Meeting</b>            |



### **AVM - Adult Visionary Ministry Soup, Sandwich and a Movie**

The "Visionaries" will meet on **Tuesday, February 15th at 12 noon** at the church for a Soup and Sandwich lunch. Soup, dessert and drinks will be furnished. Bring a sandwich if you would like. We will watch a movie after lunch. A sign-up sheet will be posted in the Family Room a few weeks prior to the date.

# February 2011

Northminster Presbyterian Church  
[www.northminsterspringfield.org](http://www.northminsterspringfield.org)



Sun      Mon      Tue      Wed      Thu      Fri      Sat

	1	2	3	4	5	
6	7 9:30 YWM Meeting 10:00 PW Board	8 6:30 Deacons' Mtg.	9 5:15 Music/Worship 6:00 Bell Choir 7:15 Choir	10 7:00 Men's Breakfast @ Perkins 12:00 Rebekha/Sarah Circle	11	12 8:00 Pancake Breakfast
13 4:30 Youth Group 3:00 Confirmation Class @ Covenant	14 Deadline for Newsletter 10:00 AVM Adv. Bd. 7:15 Esther Circle Valentine's Day	15 12:00 AVM Soup/ Sandwich & Movie 6:00 Finance 6:00 Mission 7:00 Session	16 6:00 Bell Choir 7:15 Choir	17	18 10:30 Mary-Martha Circle	19 9:30 Youth @ Clifton Ave. Church of God Food Pantry
20 3:00 Confirmation Class @ Covenant	21 Presidents' Day Office Open	22	23 9:30 Mail Newsletter 6:00 Bell Choir 7:15 Choir	24	25	26
27 Youth Hosting Café 3:00 Confirmation Class @ Covenant 4:30 Youth Group	28 6:30 Quilt Guild					

