

THE NORTHERN LIGHT

SEPTEMBER 2012

ISSUE 7



MAKING DISCIPLES

Jesus speaks to his disciples at the end of the book of Matthew and charges them with what is often referred to as The Great Commission. The text of the

gospel states: "Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed him. When they saw him, they worshipped him; but some doubted. And Jesus came and said to them, 'All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And remember, I am with you always, to the end of the age.'" Matthew 28:16-20

The charge given to the first disciples of Jesus Christ is a charge to you and me and all Christians everywhere. Making disciples of Jesus Christ is what we are to be doing with our lives. We are to also become more faithful followers of Jesus Christ in our personal lives as well as our communal life as a congregation.

We have a new purpose statement that goes along these lines. Northminster Presbyterian Church will develop disciples of Jesus Christ and learn to follow the way of Jesus. Developing disciples is a way of saying we will participate in evangelism as well as personal growth in our relationship with God. We will develop in our own Christian faith and invite others TO the Christian faith. We will also invite others already following Jesus to join the ministry we're doing as a church.

It is time we stop being squeamish about sharing with other people that Jesus loves them and how our own relationship with Jesus Christ has made our lives better.

To some the term evangelism may have connotations associated with theological disagreements. This does not change the fact that we are called to participate in evangelism and personal growth as disciples of Jesus. So I invite us to get over ourselves, and start preaching with our words and our deeds. God will bless our efforts, will help us grow in our faith and relationships, and we will be doing our jobs as followers of Jesus Christ.

(continued on next page)



SUNDAY WORSHIP 10:00A.M.

400 Villa Road

Springfield, Ohio 45503

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FAX: 937-629-0881

office@northminsterspringfield.org
www.northminsterspringfield.org

PASTORS

Dwight McCormick II, Pastor
W. Franklin Sparks, Pastor Emeritus

CHURCH STAFF

Deana Knotts	Office Manager
Gay Steiner	Financial Secretary
Bill Harrison	Treasurer
Greg Veith	Custodian
Lydia Smith-Lockwood	Director of Music
Kristina Ahlstrom	Organist
Dwight & Sarah McCormick Nate & Kate Smith	Youth Leaders
Joan Generous June Hughes	Presbyterian Women
Nancy Jean Graves Ruth George	Parish Nurse Librarian

The Northern Light is published monthly September thru May with one summer issue.

If there is an omission or an error, please contact the editor so a correction can be made.

Thank You

Deana Knotts, Newsletter Editor

(Pastor's page continued)

I want to offer you a specific way of participating in evangelism or in developing disciples. Please invite people to worship on Sundays. We are beginning our fall programs on **September 9th**. It is going to be a **BIG SUNDAY**. The **BIG SUNDAY** is important because by inviting as many folks as possible that Sunday we will be preaching the gospel of Jesus Christ to a larger audience, and visitors can see what's happening in the ministry of Northminster Presbyterian for the rest of the calendar year. We want folks not only to attend, but have reason and desire to come back to worship each Sunday.

First we have to invite people to attend. Whether our **BIG SUNDAY** is a success depends on your and my willingness to invite people. You'll be receiving invitations in the bulletins to share with people as we have done on two prior occasions this year, Easter and Pentecost. On September 9th the choir will be back in worship, we will be having communion, and our Christian education starts that day as well. It is a GREAT Sunday to have folks attend worship. Every Sunday and any Sunday is as well, but this particular Sunday we will focus our efforts. If you haven't been to worship in a while, we look forward to seeing you come back to join us.

On **September 9th** we will begin some new practices too. This year we will be having a simple meal for those participating in Adult Forum (Sunday School). We will be holding the class in the sanctuary space with the meal following in the family room. We start the first four weeks with an Andy Griffith Bible study. It is a light-hearted yet filled with meaning study of faith, hope, and love and how the lessons taught on the show parallel several lessons of Christian morals and ethics.

Beginning October 14th we will be doing a book study on What Is the Least I Can Believe and Still Be a Christian? The title comes from a conversation between a Methodist minister and a man who wasn't quite sure he was ready to be a Christian, but was later convinced. It covers much more than one conversation though. It is a response to people who may want to be Christians but have some misunderstanding about what that means. Some folks who attend our church may have that same misunderstanding. So come find out the essential beliefs needed to be a Christian. As we increase our understanding of what it means we will be able to more easily share our faith with others. I look forward to seeing you here in worship with a visitor by your side very soon.

In Christ,

Dwight



A Note from the Treasurer

We "Broke Even" in July.

This just proves that this congregation can do it.

Some are using the "Dine Out" way of giving more and some are just giving more.

We can do it.

The Finance Committee thanks you.

Bill Harrison, Treasurer

New Address for Dwilla Cramer

2213 Montego Drive
Springfield, OH 45503
937-717-5794

The church pictorial directories have arrived and are available in the church office.

September Birthdays

Sharon Jenkins	September 5
Dylan Hooper	September 6
Joyce Bruce	September 7
Nate Smith	September 10
Gay Steiner	September 14
Kathie Harbaugh	September 16
Howard Garrett	September 18
Laura Brush	September 19
Adam Stout	September 23
Diana Schneider	September 24
Dwilla Cramer	September 27
Chris Molnar	September 27
Joan Watson	September 28

Session Highlights

The Session met in regular stated meeting August 21, 2012. The Moderator, Rev. Dwight McCormick, opened the meeting at 7:00 PM, with Scripture reading and prayer. The first hour of the meeting was spent studying and discussing elder training material from The Presbyterian Leader.com before moving on to the business portion.

The Pastor reported that he will be on call for jury duty from August 27th through September 10th. He will be out of town October 15th through the 21st, attending a continuing education event at Louisville Seminary. He will arrange for pastoral care coverage for that time and for pulpit supply for October 21st.

The printed financial report and balance sheet showed that total income for January 1 through July 31 was \$112,653 and total expenses were \$117,750, producing a deficit of \$5,097.

Property Committee reported that the lighting updates in the sanctuary and outside the building have been completed. The committee is working on obtaining a commemorative plaque to be placed in the Family Room that will acknowledge that the sanctuary and outside lighting was made possible by a gift from Burt McKaig.

Session voted to adopt the new purpose statement developed at the session training events on August 4th and 6th: "Northminster Presbyterian Church will develop disciples of Jesus Christ and learn how to follow the way of Jesus."

The next stated meeting of Session is September 18, 2012 at 7:00 PM.

Please continue to pray for the Pastor and Session as we try to serve this congregation and our Lord Jesus Christ.

- Lois Shroyer, Clerk

"NAMETAG SUNDAY"

September 9th will be "Nametag Sunday." We are asking everyone to get in the habit of wearing their nametags in an effort to help others get to know who we are. If you need a nametag, please contact the church office at 399-0838.
Thank You!

MAKE A JOYFUL NOISE! Choir and Bell Choir Rehearsals



Regular choir rehearsals will begin on Wednesday, August 29th at 7:15 PM in the choir room. The choir will begin singing during worship on Sunday, September 9th. Bell choir will begin rehearsals on Wednesday, September 5th. The bell choir practices at 6 PM in the sanctuary.

Everyone who wants to make music is welcome to join either or both groups. If you have any questions, please speak to Lydia Smith-Lockwood, our director, or any choir member.

ADULT FORUM

September 9, 16, 23, and 30
beginning at 11:15 a.m.

The Spirit of Mayberry utilizing the book,
The Way Back to Mayberry:
Lessons from a Simpler Time
by Joey Fann

Based on the Andy Griffith Show,
focusing on the themes of
Faith, Love, Hope, and
Realizing What's Important.
Leader: Kevin Creager

~ ~ ~

A light lunch will be provided
for those attending the forum.

SUNDAY, SEPTEMBER 9th "BIG SUNDAY"

Many *EXCITING* things are happening
on Sunday, September 9th

- Communion
- Sunday School
- Nametag Sunday
- Choir Returns
- Invite Someone



Presbyterian Women

Faith, Fellowship and Fun with a Circle of Friends.
All are welcome to participate.

Co-Moderators.....Joan Generous & June Hughes
Secretary..... Anne Hines
Treasurer.....Ruth Martin



ESTHER CIRCLE

Leader: Cindy Chesnut
Meets 2nd Monday
Meeting Date: Monday, September 10th
Time: 6:00 p.m.
Place: Church
Program: Salad Supper

RUTH CIRCLE

Leader: Gail Davis
Secretary: June Hughes
Treasurer: Joan Garrett
Meets 2nd Thursday
Meeting Date: Thursday, September 13th
Ruth Circle will meet at the church at 11AM.
Mary Green will give devotions and June Hughes will present the program on the book of Ruth. Please bring a "sack lunch," so we can eat together after the meeting.
Questions: Call Gail Davis at 399-2527

BAZAAR WORKSHOP

Begins Tuesday, SEPTEMBER 4th
It's that time of the year again! All women are invited to join us on Tuesday mornings **beginning September 4th** from 9AM until 12 noon as we gear up and start to work on craft items for our **Annual Holiday Bazaar** on Saturday, **November 3rd**. This is a great way to spend time with other women of the church and develop new relationships. Come and enjoy a cup of coffee and some conversation while we work together for a great cause! Monies from the bazaar help support local mission projects. For more information contact Joan Generous at 969-8130. Hope to see you there!!!

UPCOMING DATES

- Holiday Bazaar November 3
- Christmas Dinner December 7

An Invitation to Women in the Church

Presbyterian Women would like to encourage each woman in the church (members and friends) to become more active in the work of this organization. Please consider this a special invitation to visit one P.W. circle this fall. Meetings start in September. If you are already attending a circle, try to invite someone to join your group this fall.

Some of the activities of Northminster P.W. are as follows: Fundraisers are the Christmas Bazaar (held the first Saturday in November) and a yard sale in the spring. Funds raised through these activities are used for local mission work and church projects. Bazaar workshop volunteers meet on Tuesdays from 9:00 a.m. until 12 noon from March until June and September until the Bazaar. The work involves a variety of craft projects which are then sold at the Bazaar. More workers are always in demand.

Each year the P.W. Board plans salad luncheons and other events for the combined circles. They also plan a spring dinner and a Christmas dinner to which the entire congregation is invited.

You really can't know what you are missing unless and until you come and experience the feeling of belonging to a "special group" of faith, fellowship and fun. So make an extra effort to visit a circle—you will be welcomed with open arms!!



*Due to the Labor Day holiday,
the next P.W. Board Meeting
will be Monday,
September 10th at 10 AM*

HEALTH NEWS
from the Parish Nurse . . . Nancy Jean Graves
September 2012
WHO NEEDS CALCIUM?

The need for calcium starts before we are born and continues for as long as we live. It is an essential nutrient that we need every single day. The calcium that is provided for us during childhood and adolescence determines how well our bones will hold up in later life. You probably already know that calcium builds strong bones and teeth. Calcium also keeps your heart beating steadily and your blood, nerves and muscles working properly. If enough calcium is not supplied each day, calcium will be taken from the bones to supply the needs of other body functions, thus weakening the body's bone structures and allowing osteoporosis to occur.

To supply your calcium needs, make smart food choices. Non-fat and low-fat dairy products provide the most plentiful sources in the diet. Broccoli, kale, salmon (bones included) and sardines are also good contributors. Vitamin D (the sunshine vitamin) is also essential to allow the body to absorb and use the calcium. It is frequently necessary to add a calcium supplement to the diet to get an adequate amount of calcium. Daily recommendations for calcium vary by age. Speak to your doctor about your needs for supplementing your diet with additional calcium. The recommended daily calcium intake for adults 19-50 years of age is 1000 mg. a day increasing to 1200 mg. daily for those over 50. According to recent studies, many youth and adults are not getting adequate amounts of calcium daily. Examine your diet. Are you drinking milk several times a day instead of juice or a caffeine drink? Are you eating other low-fat dairy products and broccoli? Your body needs that calcium to be strong and healthy.

Sue Markley, RN
Urbana United Methodist Church



Fall Day at Kirkmont

*Presented by the Ministry of Older Adults Network
of the Presbytery of the Miami Valley*



Tuesday, September 25, 2012 at 9:30 a.m.
Kirkmont Center ~ Goodrich Lodge
6946 Co Rd 10, Zanesfield, Ohio

Speaker ~ Cindy Feltz

Doctor of Ministry/Religious Educator/Spiritual Nurturer

“Marching to a Different Beat”

Cindy will lead us on a spiritual journey using her talent and drums as she incorporates church life experiences. Many different beats will be explored on the drums as they relate to our spiritual life, church life, and how we utilize our spiritual gifts.

Cindy is a huge Ohio State Buckeye fan and multi-gifted. She will share her humor and many talents with us and will make you examine your own gifts and see if you have a drummer inside. Come and explore how Bible stories can help us through life's difficulties.

Deadline for reservations is September 14th!

Cost is \$10

For reservations call Annette May at (937) 258-0014 or email Annette at annette@maygourmet.com.



Mission Committee Supports Congregation's Physical and Mental Health

When we think of Northminster's mission work, we think of work outside the church...in our community, our presbytery or beyond. While Ginny Carlisle was Associate Pastor, she wanted to be sure the congregation's health was supported as well. Through her efforts, Northminster began to offer these two opportunities, which continue today.

Parish Nurse Program

Many of you know about and take advantage of our monthly blood pressure screenings provided by Nancy Jean Graves, our parish nurse. These are done the first Sunday of the month, and Nancy is usually at the church by 9 a.m. She stays for 10-15 minutes after the church service ends but then leaves if no one comes over. Her station is back by the mailboxes and the columbarium.

Nancy keeps track of the readings in a folder, and everything is kept confidential. She prepares cards that you can carry with you which show what your reading was when. This can be helpful to show your doctor so he/she can see how your blood pressure is doing. If a reading is high, or unusual based on your history, she will retake it to ensure she obtained a correct reading. As a Licensed Practical Nurse (LPN), she cannot diagnose your problem, but she will refer you to your physician. Often she will follow up with members to verify that they have attempted to address the situation. The state mandates that a LPN must have a Registered Nurse (RN) acting as her supervisor. Cindy Chesnut and Marcia Barga serve in this role for Nancy.

Through the Parish Nurse network, Nancy also provides articles for our newsletter. Many are written by parish nurses. Some articles that appear were previously published elsewhere. In such cases, permission from the publisher was obtained in order to reproduce it in our newsletter.

Thank you, Nancy, for providing this service!

Therapy and Addiction Counseling

Perhaps less well known is our congregation's membership in the Cooperative of Congregations whereby members can take advantage of counseling services provided by Robert Skipper and Associates (www.rskippercounseling.com). As a member, these services are provided at a 50% session fee discount. Robert Skipper is an ordained pastor. He began doing chemical addiction counseling in the early 1990's and spent ten years with Miami Valley Pastoral Care and Counseling before opening his private practice last year.

Skipper relates that most people he's privileged to see do not have a clinical disorder. They are simply dealing with life issues, whether it is loss and grief, stress, relationships, or some other situation that has affected their well-being. With his pastoral background and his clinical experience he can blend these two aspects to meet people where they are in their faith journey. Skipper is also proud of his work to support the clergy and professional staff, and he noted that the Miami Presbytery is the only formal denominational group that is part of the cooperative.

A Licensed Professional Clinical Counselor (LPCC) since 1998, Skipper is also a Licensed Independent Chemical Dependency Counselor (LICDC). He and associate, David Riley, have offices at 2621 Dryden Road (located at Exit 50A and I-75 just south of Dayton in Moraine). Just call him at 937-299-9005 to discuss your situation and schedule a time to see Skipper or his associate. You do not need to go through Dwight.

Susan Dersch
Mission Committee Chair



Northminster Presbyterian Church,

Thank you so much for all you have done for me over the past few years. As many of you know, I graduated this May from Princeton Theological Seminary with a Masters of Divinity. During my time there, I was able to learn from and serve three churches, a prison chaplaincy department and the Cleveland Clinic Department of Spiritual Care. The education I received at Princeton Theological Seminary was incredible in preparing me to preach the Word, offer pastoral care, teach the Bible, and guide people in lives of faith, service, hope, and love. More than anything else, though, it has given me a strong foundation of knowledge and understanding from which I will continue to learn and grow in my personal faith and relationship with Christ. In August I will be certified to receive a call as a minister in the Presbyterian Church (USA). And for the next year, I will be working full time as a chaplain at Georgetown University Hospital in Washington, DC.

I also have the pleasure of telling you that on October 6th I will be marrying the love of my life, Hannah Williams. We met while we both served in Northern Ireland and began dating while we attended Princeton Theological Seminary. She is also seeking to become a minister in the Presbyterian Church (USA) and will be working as a hospital chaplain for this next year. I never would have met and fell in love with Hannah if not for the opportunities to serve in Northern Ireland and to attend seminary, both of which you supported me through.

Your physical and spiritual support in money, thoughts, and prayers throughout these past four years has made all of this possible for me. You supported me during my time serving in Northern Ireland, where I was encouraged and became sure of my calling to seminary and ministry. And then you greatly supported me again during my time at Princeton Theological Seminary, which has allowed me to pursue the work and life which God has called me to. Thank you again for being such a big part of my life, call, and ministry. I would not be where I am now without you.

With much love and gratitude,
Alex Creager

LIBRARY

If you are new to Northminster, you hopefully know that we have a church library located next to the choir room. It is open for your use anytime that the church is open. You may desire some quiet time to come in to read or just to relax on the couch. If you decide to check out a book, complete the card in the book by writing your name and the date you are taking the book, and place the card on the librarian's desk. Also on the desk you will find an alphabetical listing, by title, of all the books in our collection as of 1/19/12. There are numerous titles from which to choose including Bibles, religious study, inspirational, family issues and a large selection of fiction. Children's books are located in the right back corner of the library and have no cards. Children may fill out a blank card, if they want to take a book home. Just place the card on the desk and return the book(s) the next Sunday to the desk. Adults should try to return a book within three weeks.



Ruth George
Librarian

September 2012

Northminster Presbyterian Church
www.northminsterspringfield.org
office@northminsterspringfield.org

Sun

Mon

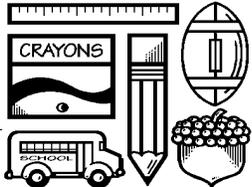
Tue

Wed

Thu

Fri

Sat

						1 8:00 Pancake Breakfast
2 Blood Pressure Screening	3  Office Closed	4 9:00 Bazaar Wrkshp	5 5:15 Worship/Music 6:00 Bell Choir 7:00 Youth First 7:15 Choir	6 6:00 Dulcimer Club 6:30 Mission	7	8
9 BIG SUNDAY Communion Nametag Sunday Sunday School 11:15 Adult Forum	10 9:00 Constitution Class 10:00 PW Board 6:00 Esther Circle	11 9:00 Bazaar Wrkshp 6:30 Deacons 7:00 Christian Ed. 7:00 Property	12 6:00 Bell Choir 7:00 Youth First 7:15 Choir	13 11:00 Ruth Circle	14	15 Clifton Ave. Breakfast
16 11:15 Adult Forum	17 Newsletter Deadline 9:00 Constitution Class	18 7:00 Men's Breakfast @ Perkins 9:00 Bazaar Wrkshp 6:00 Finance 7:00 Session	19 6:00 Bell Choir 7:00 Youth First 7:15 Choir	20	21	22
23 11:15 Adult Forum	24 9:00 Constitution Class 1:30 Quilt Guild 1/2 Day Workshop	25 9:00 Bazaar Wrkshp	26 9:30 Mail Newsletter 6:00 Bell Choir 7:00 Youth First 7:15 Choir	27	28	29
30 11:15 Adult Forum					 SEPTEMBER	

NORTHMINSTER
PRESBYTERIAN CHURCH

400 Villa Road
Springfield, Ohio 45503



THE NORTHERN LIGHT
Issue 7

NON PROFIT ORGANIZATION
U.S. POSTAGE PAID
SPRINGFIELD, OHIO
PERMIT NO. 75

Return Service Requested



September 2012



September 1
September 3
September 9

Pancake Breakfast
Labor Day—Office Closed
BIG SUNDAY
Invite Someone
Communion
Nametag Sunday
Sunday School Begins
Choir Returns
September 15
September 18
Clifton Ave. Breakfast
Session Meeting

NORTHMINSTER'S PURPOSE STATEMENT

Northminster Presbyterian Church will develop disciples
of Jesus Christ and learn to follow the way of Jesus.